

Saugeen Track and Field Club Records Club Records

Event	Name	Time/Dist	Yr/Venue	Name	Time/Dist	Yr/Venue
100m	V. Stephens	11.96	1991/Etob.	A. Kunkel	10.55	2000/York
200m	D. Duprey	23.89	1994	A. Kunkel	21.29	2000/York
400m	D. Duprey	53.64	1993	L. Card	46.82	1999/Wind
800m	J. Wood	2:03	1989/Ott	T.Middelkoop	1:48.06	1993/Van
1500m	S. Gribbons	4:30.51	2006/Sherbrooke	K. Benninger	3:38.03	2008/Switzerland
Mile	S.Gribbons	5:01.77	2007/NY	K. Benninger	3:56.99	2008/Falmouth
3000m	P. Kuntz	9:33	1995/Al	K. Benninger	7:52.28	2006/NDame
5000m	P. Kuntz	16:33	1995/Al	K. Benninger	13:30.27	2009/Cal.
10000m	P. Kuntz	35:38	1997/Miss	K. Benninger	30:21.25	2007/Ottawa
100mH	D. Duprey	13.08	1994			
110mH				L. McDowell	14.68(42')	2001/Texas
				A. Kunkel	13.78(39')	2000/Wind
400mH	D. Duprey	55.10	1995	A. Kunkel	49.49	2003/Iowa
2000m s/c	S. Quanz	7:17.00	2018/Windsor	J. Collison	5:51.01	2010/London
3000m s/c				S. Gerth	8:53	2003/Ohio
Long Jump	D.Duprey	5.70	1985/Mich	L. McDowell	7.12	2002/Minn
Triple Jump	K.Dinsmore	12.99	1993/BC	K. White	14.56	1982/Kitch
High Jump	R. Rudell	1.78	2009/PEI	P.O'Donaghue	2.14	1987/Edm
Javelin	C. Coker	50.04(600g)	1986/Texas	B.Millar	61.67(800g)	2008/Philadelphia
Shot Put	T. Young	13.86(4k)	1998/Louisville	A. Turland	15.82(16lb)	2007/Akron
Discus	K.Gribbons	47.03(1k)	2013/Toronto	A. Turland	61.47(2k)	2008/California
Hammer	B. Martin	57.46 (4k)	2022/Terra Haute, Ind	B. Millar	66.19(16lb)	2010/Chicago
Weight Throw	B. Martin	17.71(20lb)	2022/Grand Rapids, MI	A. Turland	21.03(35lb)	2007/Indiana
Pole Vault	J.Cottrill	2.20	1994	L. McDowell	4.50	2001/Texas
Heptathlon	D. Duprey	5172	1990/Fla.			
Decathlon				L. McDowell	7473	2001/Texas