

Saugeen Track and Field Club Records 17 year olds

Event	Name	Time/Dist.	Yr/Venue	Name	Time/Dist	Yr/Venue
60m				R. Caughy	7.18	2020/York
100m	D. Duprey	12.0	1984/Lond	L. Card	10.91	1997/Wind.
200m	D. Duprey	25.28	1985/Brant.	L. Card	21.87	1997/Etob.
400m	C. Courtney	56.96	1993/York	L. Card	47.63	1997/Kit.
800m	B. Quanz	2:15.54	2022/Toronto	T.Middelkoop	1:53.72	1990/Lon.
1500m	J. Martin	4:33.96	1996/Sud.	K. Benninger	3:52.46	2002/.Ottawa
Mile	H. Stroeder	5:12.60	2004/Cambr			
3000m	J. Martin	9:50.89	1996/Kit	K. Benninger	8:27.94	2002/Etobicoke
5000m	H. Stroeder	18:07 (R) 18:08 (T)	2004 / Toronto	K. Benninger	15:03.19	2002/Ottawa
10000m	P. Kuntz	38:14	1991/Kit	D. Scarrow	32:50 (R)	1986/Kit
100mH	D. Duprey	14.11	1984/Mtl	M. Cardy A. Kunkel	13.9 13.98	1988/Kit 1998/BC
110mH	D. Duprey	11.25 (80mH)	1984/Kit	A. Kunkel	14.33	1998/Sarn
300mH	M. Colley	44.31	1989/Etob	A. Kunkel	38.45	1998/Sarn
400mH	D. Duprey	59.06	1984/Manitoba	T.Middelkoop	54.90	1990/Kit
1500m s/c	L. Hodgson	5:28.25	2008/Toronto	C. Scarow	4:33	1996
2000m s/c	S. Quanz	7:21.37	2019/Cambridge	J. Collison	6:09.88	2008/Sherbrooke
3000m s/c				J. Collison	9:38.34	2008/Ottawa
Long Jump	A. Morrow	5.54	2014/BC	L. Johnston	6.85	1996/Wind
Triple Jump	K. Dinsmore	11.60	1989/York	I. Janssen	13.40	1990/Etob
High Jump	R. Rudell	1.73	2008/Kitchener	P.O'Donaghue	2.10	1986/Ott
Javelin	T. Young	38.42	1995/Kitchener	M. West R. Edwards	59.65 (700g) 59.10 (800g)	2010/Toronto 2000/Calgary
Shot Put	B. Martin L. Evans	13.36 (3k) 12.58 (4k)	2019/Sydney NS 1998/Guelph	R. Jacklin R. Jacklin R. Jacklin	19.34 (5k) 18.65(5.45k) 15.01 (6Kg)	2019/Sydney NS 2019/Clinton 2019/York
Discus	K. Gribbons	42.65 (k)	2012/Belleville	R. Jacklin R. Jacklin	56.93 (1.5k) 54.34(1.62k)	2019/Windsor 2019/Clinton
Hammer	B. Martin B. Martin	56.23 (3k) 47.07 (4k)	2019/Sydney NS 2019/York	A. Turland K. Bowman	53.06(5.45k) 72.18 (5k)	1999/Kincardine 2019/Phoenix, AZ

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				K. Bowman	60.72(6k)	2010/Moncton
Weight Throw	B. Martin	15.27	2019/York	R. Jacklin	21.79(20lb)	2019/York
		(20lb)		J. Elliott	19.69 (25lb)	2019/York
	B. Martin	16.75	2019/York			
		(16lb)				
Pole Vault				M. Cardy	3.85	1988/Kitchener
Heptathlon	A. Morrow	4743	2013/Toronto			
Octathlon				M. West	5294	2010/Toronto
4x800m	K.Tichbourne	9:24.97	2022/London	Collison	8:24.98	2008/York
	J. Catto			McNulty		
	B. Quanz			Porter		
	Cl. Rands			Fawcett		
Sprint Medley (4, 2, 2, 8)				Arps	3:44.09	2018/Windsor
				Caughy		
				Hinsperger		
				Donnelly		
Distance Medley (1200, 400, 800, 1600)	A. Moric	11:54.71	2022/Hamilton			
	Cl. Rands					
	K. Tichbourne					
	B. Quanz					