

Saugeen Track and Field Club Records 13 year olds

Event	Name	Time/Dist	Yr/Venue	Name	Time/Dist	Yr/Venue
60m	Ca. Rands	8.64	2020/York	N. Diemert	7.96	2019/York
80m	M. Kongas	11.23	2019/Windsor	H. Williams	10.22	2010/London
100m	J. Leeder	12.91 e	2006/Windsor	H. Williams	12.62	2010/Miss.
150m	Ca. Rands	21.32	2020/York	A. Hinsperger	18.21	2016/Cambrid
200m	J. Leeder	27.08	2006/Windsor	B. Kraemer	28.97	2009/Kinc.
300m	M. Kongas	44.67	2019/Windsor	R. Caughy	43.98	2016/York
400m	Cl. Rands	64.71	2018/Cambrid	L. Card	55.70	1993/York
800m	Cl. Rands	2:24.26	2018/York	J. Zelek	2:14.07	2014/London
1200m	Cl. Rands	3:54.19	2018/Windsor	J. Zelek	3:34.31	2014/Windsor
1500m	C. Hunter	4:58.84	2007/York	J. Zelek	4:34.59	2014/Toronto
Mile	C. Hunter	5:35.0	2007/Brampt			
2000m	B. Quanz	7:08.68	2018/Windsor	J. Zelek	6:20.45	2014/Windsor
3000m	C. Hunter	10:46.34	2007/York	B.Hagemeier	10:00.4	1984/London
80mH	A. Morrow	14.24	2009/Kinc.	S. Thompson	13.63	2012/Guelph
200mH	A. Morrow	31.88	2009/Guelph	T. Donaldson	35.75	2011/Guelph
Long Jump	K. Nixon	4.83	2006/Windsor	A. Hinsperger	5.35	2016/Cambrid
Triple Jump	A. Morrow	9.45	2009/Toronto	K. Bowman	10.13	2006/Windsor
High Jump	C. Travale	1.45	2018/Hamilton	J. McKague	1.55	2010/Miss.
Javelin	L. Starling	24.35 (400g)	2011/Toronto	L.Jacklin	41.03(400g)	2018/Windsor
				J. Elliott	35.60(500g)	2015/Miss.
				J. Elliott	31.36(600g)	2015/Woodsto
Weight Throw	M. VanStuyvenberg	14.15(12lb)	2018/York			
Shot Put	H. Martin	9.98 (3 kg)	2017/York	B. Brewer	15.28 (3kg)	2017/York
				M. Scott	9.95 (4kg)	2000/Kitchene
Discus	M. VanStuyvenberg	25.97(750)	2018/London	J. Elliott	41.26(750g)	2015/Oshawa
	L. Starling	27.01 (1kg)	2011/Guelph	J. Elliott	34.04 (1kg)	2015/St. Cath
Hammer	M. VanStuyvenberg	44.23(3kg)	2018/Windsor			
Tetrathlon	C. Lark	1569	2010/Toronto			

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4x100m	Quanz, Wheeler, Rands, Brown	58.19	2017/Brampt			
4x800m	Quanz, Wheeler, Boyce, Rands	10.26.86	2018/Windsor			